

HEALTH REIMAGINED

Where Modern Medicine Meets Technology, Evidence-Based Yoga, and Precision Ayurveda

Morning Sessions

9:00 – 9:10

Welcome and Opening Remarks

Prof. Anurag Mairal, Stanford, and Prof. Sreenath, President, VaYU

9:10 – 9:30

Health Reimagined: From the Absence of Disease to the Presence of Vitality

Prof. Murali Venkatrao, Provost, VaYU

9:30 – 10:00

The Science of Yoga Therapy: Evidence, Mechanisms, and Clinical Applications

Prof. Sat Bir Khalsa, Harvard Medical School

10:00 – 10:30

Bringing Integrative medicine mainstream – Precision Ayurveda with Modern Medicine

Dr. Zankhana Buch, AyurVAID

10:30 – 11:00

The Quantified Body: AI Tools and the New Frontier of Precision Medicine

Prof. Rich Fletcher, MIT

11:00 - 11:15

COMBINED Q&A

11:15 – 11:30


 Break

11:30 – 12:15

Keynote Panel: The Body That Heals Itself: What Modern Science and Ancient Wisdom Are Converging On

*Prof Sat Bir Khalsa, Dr Zankhana Busch, Prof Rich Fletcher
Moderator: Prof. Murali Venkatrao*

12:15 – 12:30

 Break and get lunch

Afternoon Sessions

12:30 – 1:00

Demos: Technology and instrumentation in medicine

Joshi, Dr. Bala, Prof. Rich Fletcher **People eat during this time.**

1:00 – 2:15

Round Tables

6 facilitated table topics with scribes — topics : 1. Definition - What is Integrated Medicine 2. Infrastructure - What is needed 3. Challenges of Implementation 4. Integrated Medicine in A.I. Age 5. Cost of Delivery 6. Public Health in Integrated Medicine

2:15 – 3:00

Reporting– Round Table Determinations

3:00 – 3:30

Tea and Networking

3:30 – 3:50

Summary and Thank You

Prof. Anurag Mairal

3:50 – 4:00

Call to Action

Prof. Sree Sreenath, President, VaYU

4:00 - 5:00

Networking and Exit